



**NORTH DAKOTA**  
DEPARTMENT *of* HEALTH

---

## NEWS RELEASE

For Immediate Release:  
Oct. 1, 2004

For More Information, Contact:  
Jesse Green  
Division of Air Quality  
North Dakota Department of Health  
Phone: 701.328.5188  
E-mail: [jmgreen@state.nd.us](mailto:jmgreen@state.nd.us)

### **Governor Proclaims “Home Indoor Air Quality Month” in North Dakota**

BISMARCK, N.D. – Governor John Hoeven has proclaimed October 2004 as *Home Indoor Air Quality Month* in North Dakota. The event is held to encourage North Dakotans to learn more about indoor air quality issues.

“Because people spend a great deal of time inside, maintaining a healthy indoor environment is important to the health of everyone,” said State Health Officer Terry Dwelle, M.D. “Becoming aware of indoor air quality issues is the first step in ensuring that our homes, businesses and public buildings have clean indoor air.”

In the last several years, a growing body of scientific evidence has indicated that indoor air may be more polluted than outdoor air. Other research indicates that many people spend about 90 percent of their time indoors. Thus, for many people, the risks to health may be greater from exposure to pollutants indoors than outdoors. In addition, people who may be exposed to indoor air pollutants for the longest periods of time are often those most susceptible to the effects of indoor air pollution. Such groups include the young, the elderly and the chronically ill, especially those who suffer from respiratory or cardiovascular disease.

Because of poor indoor air quality, many North Dakotans experience chronic or acute health effects. Many factors can contribute negatively to the quality of the air we breathe indoors, including lead dust, carbon monoxide, secondhand tobacco smoke, radon, asbestos, biological contaminants and even certain household products.

For more information about indoor air quality, contact Jesse Green, North Dakota Department of Health, at 701.328.5188. Additional information may be found on the department’s website at [www.health.state.nd.us/AQ](http://www.health.state.nd.us/AQ).

-- 30 --

*Please note: To access archived news releases and other information, visit the North Dakota Department of Health Press Room at [www.nddohpressroom.gov](http://www.nddohpressroom.gov).*

---

600 E. Boulevard Ave. Dept. 301, Bismarck, North Dakota 58505-0200  
Phone: 701.328.2372 Fax: 701.328.4727 E-mail: [health@state.nd.us](mailto:health@state.nd.us)

*Visit the health department home page at [www.ndhealth.gov](http://www.ndhealth.gov).*

**PROCLAMATION  
HOME INDOOR AIR QUALITY MONTH  
OCTOBER 2004**

**WHEREAS**, clean, healthy indoor air is important to everyone; and

**WHEREAS**, many North Dakotans spend a great deal of time indoors; and

**WHEREAS**, many factors negatively affect the quality of the air we breathe indoors, including radon, carbon monoxide, secondhand tobacco smoke, lead, asbestos and even certain household products; and

**WHEREAS**, many North Dakotans suffer chronic and acute health effects and economic burdens because of poor indoor air quality; and

**WHEREAS**, maintaining clean, healthy air benefits all citizens.

**NOW, THEREFORE**, as the Governor of the State of North Dakota, I do hereby proclaim October 2004, **HOME INDOOR AIR QUALITY MONTH** in the State of North Dakota.

John Hoeven  
Governor